



4th Battalion 11th Field Artillery Regiment

Family Readiness Group
Deployment Training
27-28 January 2004



Sequence of Events

(1 of 2)

- Prayer
- Introduction Of Staff
- Introduction Of Battalion/Battery FRG Leaders
- Battalion Organization
- Stryker 101



Sequence of Events

(2 of 2)

- Definition of a Family Readiness Group (FRG)
- What An FRG Does And Does Not Do
- Role Of The Commander
- Reasons to Stay in AK during Deployment
- Review Of FRG Book
- Arctic Thunder Web Site
- AKO Demonstration
- Fairbanks 500
- Future Meeting Dates And Topics



Introduction of FRG Leadership

- Battalion Steering Committee
 - ✓ Battalion Commander – Scott Wuestner
 - ✓ Battalion Advisor – Sue Wuestner
 - ✓ Battalion Treasurer – Christina Hargis
 - ✓ Battery Commanders and Reps
 - ✓ Battalion Chaplain – Chaplain Dabeck
- Installation FRG Program Manager
 - ✓ Susan Wiser



FRG Leadership

- HHSB
 - ✓ Battery Commander – Ken Slover
 - ✓ Battery FRG Leaders – Michelle Slover, Sally Myers, Karen Brown, Patti Gilliam, Lori Landrum
- A Battery
 - ✓ Battery Commander – Tom Hart
 - ✓ Battery FRG Leader – Trisha Hart
- B Battery
 - ✓ Battery Commander – Thom Kurtz
 - ✓ Battery FRG Leaders – Jolie Kurtz, Vee Granillo, Adrienne Conroy
- C Battery
 - ✓ Battery Commander – Seth Smallwood
 - ✓ Battery FRG Leaders – Terry Tanner, Christina Hargis, Dee Dee Smallwood
- 21st Brigade Signal Company
 - ✓ Battery Commander – Adam Ennis
 - ✓ Battery FRG Leaders – Heather Ennis, Stacy Brandon, Carol Holt

SBCT 101



4-11 FA BN

"ARTIC THUNDER"

Battalion Vision:

A Stryker Artillery Battalion that is disciplined, filled with esprit and lives the Army's values, believes in themselves and their leaders and consistently performs to a higher standard by focusing on the fundamentals. This vision empowers soldiers to lead and make change, a team of teams that cares for each other and our families, warriors that lead by example by action, not words, and is focused on combat in order to provide "On Time" fires and effects to the Snowhawk Brigade!



Definition of a Family Readiness Group

“An organization of family members, volunteers and soldiers belonging to a unit that together provide an avenue of mutual support, assistance, and a network of communication among the family members, the chain of command and community resources”.



What an FRG Does and Does Not

- Do
 - ✓ Serves as link between unit and families – conduit for Command Information
 - ✓ Facilitates deployment and redeployment briefs and activities
 - ✓ Serves as a mutual support group
 - ✓ Serves as combat multiplier for deployed soldier – morale
 - ✓ Needs your support to make it work
- What an FRG Does Not Do
 - ✓ Not Part of the casualty notification system
 - ✓ Act as surrogate parent
 - ✓ Act as babysitting service
 - ✓ Provide social work
 - ✓ Provide loans
 - ✓ Act as a welfare agency
 - ✓ All things to all people



Role Of The Commander

- Responsible for unit Soldier/Family Readiness Program
- Provides deployment training to soldiers and families
- Provide access to Family assistance (e.g. ID Cards, DEERS, TRICARE etc), Family Services (ACS, CYS, MWR etc) and Entitlements (Pay)
- Ensure we properly document and monitor Personal Affairs Readiness of soldiers to include Family Care Plans
- Ensure single soldiers are included into well-being programs and initiatives
- Establish regulatory FRGs at Battery/Company level



Reasons to Stay in AK during

Deployment

- Will not have military network or Family Readiness Groups available
- LES, pay issues, childcare issues, admin issues and related services not avail
- COLA for dependents stops
- Housing is lost as well as command sponsorship
- BAH changes
- TRICARE/Medical may not be covered, increase in medical costs
- AER may not be available (not close to an installation), needed for emergency travel, car breaks down, etc
- Communication – support system here to answer questions
- Notification can take a lot longer
- Access to get ID cards
- Living expenses could increase because you don't have PX or commissary
- No ACS or School Liaison available to help children deal with deployment.



Review of the FRG Book

- Admin Information – Letters, Record of Changes
- Section I – FRG Overview
 - ✓ FRG Structure/Responsibilities
 - ✓ How to use an FRG Phone Tree – Battery Phone Tree
- Section II – Pre-Deployment Preparation
 - ✓ Deployment Checklists – Data Sheet, Commander's Interview, Burial Info, Valuable Documents, Financial Worksheet, Personal Inventory
 - ✓ Fact Sheets
- Section III - Deployment
 - ✓ Deployment Info
 - ✓ Problem Solving Process
- Section IV – Reunion-reintegration
- Section V – Miscellaneous
 - ✓ Web Sites



172d STRYKER Brigade Artillery - Arctic Thunder-On Time!



Welcome to the 172nd Stryker Brigade Artillery - Microsoft Internet Explorer

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Address <http://www.wainwright.army.mil/1bde/Unit%20Pages/411/> Go Links



172nd Stryker Brigade Artillery

4th Battalion, 11th Field Artillery



Welcome
Mission/Vision
Command Group
Unit History
New Arrivals
Family Readiness
Deployment Info
Photo Gallery
Links/Reference
Contact Info



DOD Security Info



The Battalion Family Readiness Group (FRG) supports both soldiers and families of the 4th Battalion 11th Field Artillery Regiment. Our goal is to make this the best assignment in your military career.

The Battalion Commander is overall responsible for the FRG. However, we have a tremendous group of volunteers both at the battalion and battery level that enable us to care for each soldier and family.

Family readiness is the state of preparedness of



start

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Welcome to ...

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3:56 PM



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*172nd Stryker Brigade Artillery*
4th Battalion, 11th Field Artillery

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[Mission/Vision](#)
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[DOD Security Info](#)

The 4th Battalion, 11th Field Artillery and its subordinate units are currently not deployed. When deployed, this page will provide updates to families and friends of the soldiers of this great battalion.

- [Operational Summary](#)
- [Commander's Notes and Messages](#)
- [Command Sergeant Major's Notes and Messages](#)
- [Chaplain's Notes and Messages](#)
- [Deployment Photos](#)

Date Last Updated:

Operational Summary:

Not deployed

Commander's Notes and Messages

Not deployed

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172nd Stryker Brigade Artillery



4th Battalion, 11th Field Artillery

Welcome
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DOD Security Info

- ▶ [St. Barbara's Ball — 06 Dec 2003](#)
- ▶ [December Promotions — 01 Dec 2003](#)
- ▶ [Pay Day Activities — 23 Nov 2003](#)
- ▶ [LT Competition "Water Break" — 13 Nov 2003](#)
- ▶ [BN Iceskateing — 8 Nov 2003](#)
- ▶ [Pay Day Activities — 7 Nov 2003](#)
- ▶ [Halloween Party — 31 Oct 2003](#)
- ▶ [21st Signal Company Change of Command — 17 Oct 2003](#)
- ▶ [Payday Activities Brief — 03 Oct 2003](#)
- ▶ [Toilet Bowl — 26 Sep 2003](#)
- ▶ [Skateboarding Clinic — 13 Sep 2003](#)
- ▶ [Pugil Sticks — 12 Sep 2003](#)



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172d STRYKER Brigade Artillery - Arctic Thunder-On Time!



Welcome to Army Knowledge Online - Microsoft Internet Explorer

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Address https://www.us.army.mil/portal/portal_home.jhtml Go Links



The United States Army Portal

Monday 26 January 2004

Serving Our Army at War - Relevant and Ready

Sign In

[Click Here](#)

[Sign In](#)

Sign in with your username and password.

[AKO Lite Sign In](#)

Sign in with your username and password (for low bandwidth AKO services).

New User

[Register for AKO](#)

Eligibility: Active Army, Reserve, National Guard, DA Civilian, Retired Army, and Army guests.

AKO Help

[Forgot your Password?](#)

[Contact the Help Desk](#)

Take the AKO Tutorial

- [Tutorial: Text Version](#)
- [Tutorial: Audio Version](#)

[Download the DoD Certificate](#)



Lt. Gen. Ricardo Sanchez, Commander, Joint Task Force Seven shows Dr. Adnan Pachachi, Governing Council Member, prints of the capture of Saddam Hussein before the press conference on December 14, 2003. (Photo by Staff Sgt. Reynaldo Ramon) (Released)

Start here

NOTICE: This is a DoD web site. The security accreditation level of this site is Unclassified FOUO and below. Do not process, store, or transmit information classified above the accreditation level of this system. DoD web sites may be monitored for all lawful purposes, including to ensure their use is authorized, for management of the system, to facilitate protection against unauthorized access, and to verify security procedures, survivability, and operational security. Monitoring includes, but is not limited to, active attacks by authorized DoD entities to test or verify the security of this system. During monitoring, information may be examined, recorded, copied and used for authorized purposes. All information, including personal information, placed on or sent over this system may be monitored. Use of this DoD web site, authorized or unauthorized, constitutes consent to monitoring. Unauthorized use of this DoD web site may subject you to criminal prosecution. Evidence of unauthorized use

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The Army Portal

REGISTRATION

Authorized full accounts include the following:

- Active Army
- Army Retired
- DA Civilian
- DA Civilian, Retired
- Medical Retired
- NAF Civilian
- National Guard
- Reserves
- U.S. Military Academy Cadets
- ROTC Cadets (MS III and IV)

Next

Guest accounts include the following:

- Army Volunteers
- Contractor
- DoD Civilian
- Family Member of full AKO Member
- Federal Civilian Agencies
- Foreign Officers (attached to U.S. Army)
- Homeland Security
- Initial Entry
- Local National Employee
- Medical Discharged
- ROTC Cadets (MS I and II)
- US Air Force
- US Coast Guard
- US Marine Corps
- US Navy

Next

Click here
for family
members



The Army Portal

REGISTRATION

Account Information

* Army Sponsor

Enter the AKO User Name of your Army sponsor.

* Account Type

Choose the category that best describes you. Note:

- Accounts for **Cadets** are only available to collegiate cadets.
- Accounts for **Foreign Officers** are only available to officers attached to the U.S. Army.

User Information

* Salutation

Enter your title (e.g. Mr., Mrs., Rank Abbreviation, Dr., etc.).

* First Name

Middle Name

* Last Name

Nick Name

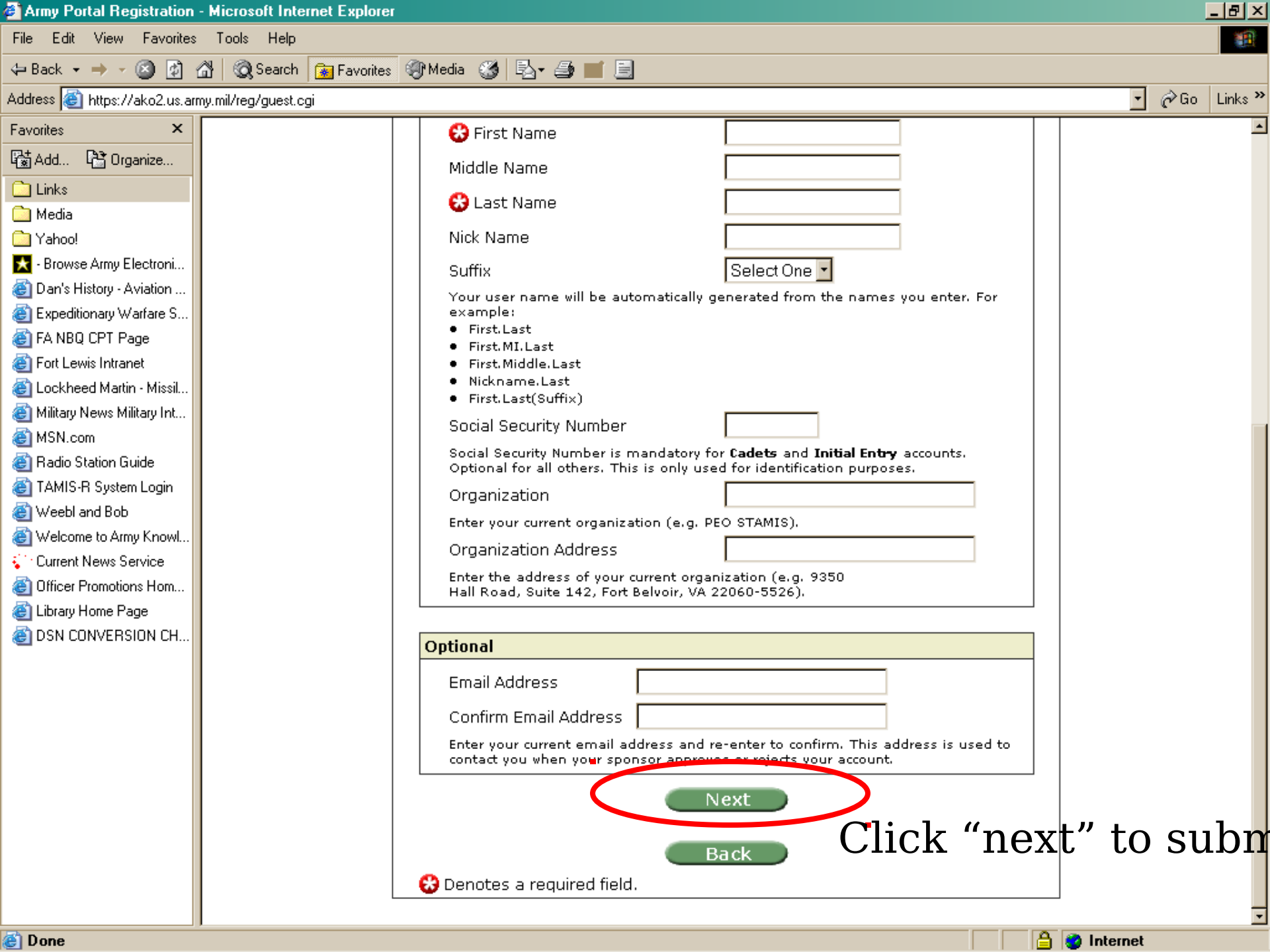
Suffix

Your user name will be automatically generated from the names you enter. For example:

- First.Last
- First.MI.Last
- First.Middle.Last
- Nickname.Last
- First.Last(Suffix)

Social Security Number

Fill in
these
required
fields



* First Name

Middle Name

* Last Name

Nick Name

Suffix

Select One

Your user name will be automatically generated from the names you enter. For example:

- First.Last
- First.MI.Last
- First.Middle.Last
- Nickname.Last
- First.Last(Suffix)

Social Security Number

Social Security Number is mandatory for **Cadets** and **Initial Entry** accounts. Optional for all others. This is only used for identification purposes.

Organization

Enter your current organization (e.g. PEO STAMIS).

Organization Address

Enter the address of your current organization (e.g. 9350 Hall Road, Suite 142, Fort Belvoir, VA 22060-5526).

Optional

Email Address

Confirm Email Address

Enter your current email address and re-enter to confirm. This address is used to contact you when your sponsor approves or rejects your account.

Next

Back

* Denotes a required field.

Click "next" to submit



The Army Portal

REGISTRATION

Account Information

* User Name

betty.smith8

Select your User Name. You will enter this name to log in to the Portal, and your email address will be username@us.army.mil.

* Password

* Confirm Password

Your password has these restrictions:

- It must be at least 8 characters.
- It must contain at least 1 letter.
- It must contain at least 2 numbers/special characters.
- It **IS** case sensitive.

Please click the Finish button only once to avoid receiving an error message.

Finish

Back

* Denotes a required field.

Select a user name, more then one may displayed

Enter and confirm a password

Click "finish" to subm

Favorites

Add... Organize...

Links

Media

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★ - Browse Army Electroni...

Dan's History - Aviation ...

Expeditionary Warfare S...

FA NBQ CPT Page

Fort Lewis Intranet

Lockheed Martin - Missil...

Military News Military Int...

MSN.com

Radio Station Guide

TAMIS-R System Login

Weebl and Bob

Welcome to Army Knowl...

Current News Service

Officer Promotions Hom...

Library Home Page

DSN CONVERSION CH...



The Army Portal

REGISTRATION

Please print this screen for your records.
Tue Oct 14 15:01:42 2003

Congratulations

Your AKO account has been successfully created and is now pending approval from your Sponsor.

Once your sponsor approves or rejects your account, you will be sent an email.

If you are approved, you will have the following available to you:

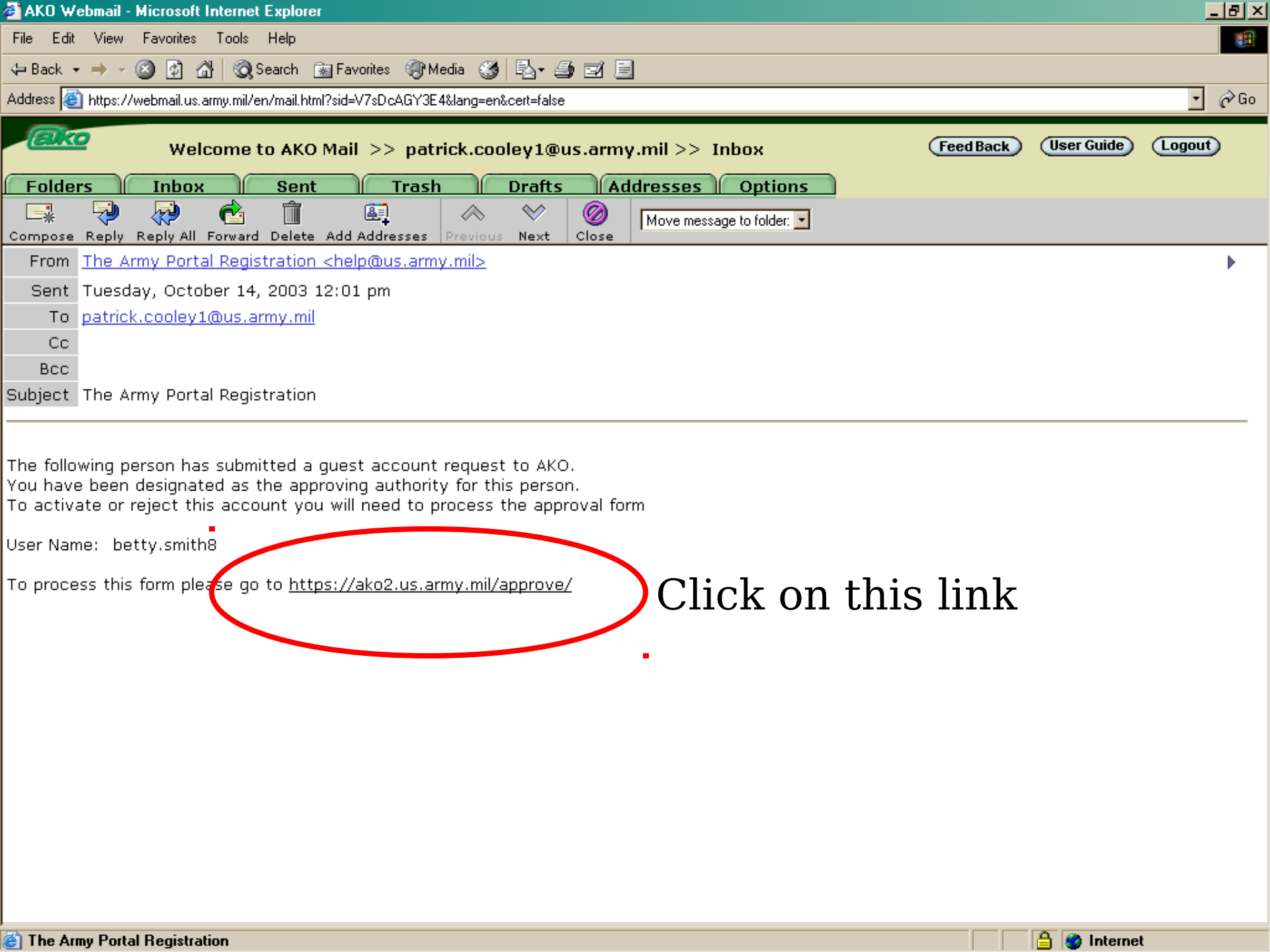
- You will be able to log into the Army Portal at <https://www.us.army.mil>.
- Once in the Army Portal, you can go to "My Profile" to enter your organizational information for the AKO White Pages.
- Also, go to "My Email Options" to have your AKO mail forwarded to another account.
- You can check your Email Inbox by clicking on "AKO Mail" in the Army Portal, or at <https://akomail.us.army.mil/>.
- You will have 50 MB of personal storage space in the Army Knowledge Collaboration Center. Click on the "Collaborate" tab to create a personal knowledge center and to upload and download files.
- If you have any questions or problems with your AKO account, please call our Help Desk at 1-877-AKO-USER.

Account Information

- Name: Mrs Betty Smith
- AKO User Name: betty.smith8
- AKO Email Address: betty.smith8@us.army.mil
- Alternate Email Address:
- Guest Account Type: Family Member
- AKO Sponsor:

Select		From	Subject	Received	Size
☐		The Army Portal Registration	The Army Portal Registration	12:01 pm	1K
☐		Fierro, Richard M. CPT (GS YCA 60)	FW: Deployment Items	10/8/03	65K
☐		molly.wicks@us.army.mil	Re: Hi Ho, Hi Ho	10/2/03	5K
☐		james.stokoe@us.army.mil	Re: Hi Ho, Hi Ho	10/1/03	4K
☐		gregory.s.dotson@us.army.mil	Re: Hi Ho, Hi Ho	10/1/03	3K
☐		christopher.huddleston@us.army.mil	Re: Hi Ho, Hi Ho	10/1/03	5K
☐		james.stokoe@us.army.mil	Re: Hi Ho, Hi Ho	10/1/03	4K
☐		molly.wicks@us.army.mil	Re: Hi Ho, Hi Ho	10/1/03	3K
☐		gregory.s.dotson@us.army.mil	Re: Hi Ho, Hi Ho	9/29/03	2K
☐		christopher.huddleston@us.army.mil	Re: Hi Ho, Hi Ho	9/29/03	1K
☐		Jesse.Gilman.1LT@poh01.usace.army.mil	Hi Ho, Hi Ho	9/26/03	7K
☐		SmartDocs@dfas.mil	Notification of PIN Change	9/26/03	1K
☐		SmartDocs@dfas.mil	myPay	9/24/03	2K
☐		andrew.kernan@us.army.mil	Re: WRITE TO US SUKA	9/13/03	2K
☐		richard.fierro@us.army.mil	Re: dude did you do it	9/12/03	1K
☐		Gilman, Jesse 1LT	you aren't desert bound are ya?	9/8/03	3K
☐		richard.fierro@us.army.mil	dude did you do it	9/3/03	1K
☐		Jesse.Gilman.1LT@poh01.usace.army.mil	swap	8/28/03	928K
☐		Jesse.Gilman.1LT@poh01.usace.army.mil	What's this I hear about a trip to Vegas?	8/11/03	6K
☐		*3/2 1-37 FA BN AMO - 1LT Cooley, Patrick	FW: WOLVES DEN	8/8/03	1K

Go to sponsors
Email, find this one



Welcome to AKO Mail >> patrick.cooley1@us.army.mil >> Inbox

Feed Back

User Guide

Logout

Folders

Inbox

Sent

Trash

Drafts

Addresses

Options

Compose Reply Reply All Forward Delete Add Addresses Previous Next Close

Move message to folder:

From [The Army Portal Registration <help@us.army.mil>](#)

Sent Tuesday, October 14, 2003 12:01 pm

To [patrick.cooley1@us.army.mil](#)

Cc

Bcc

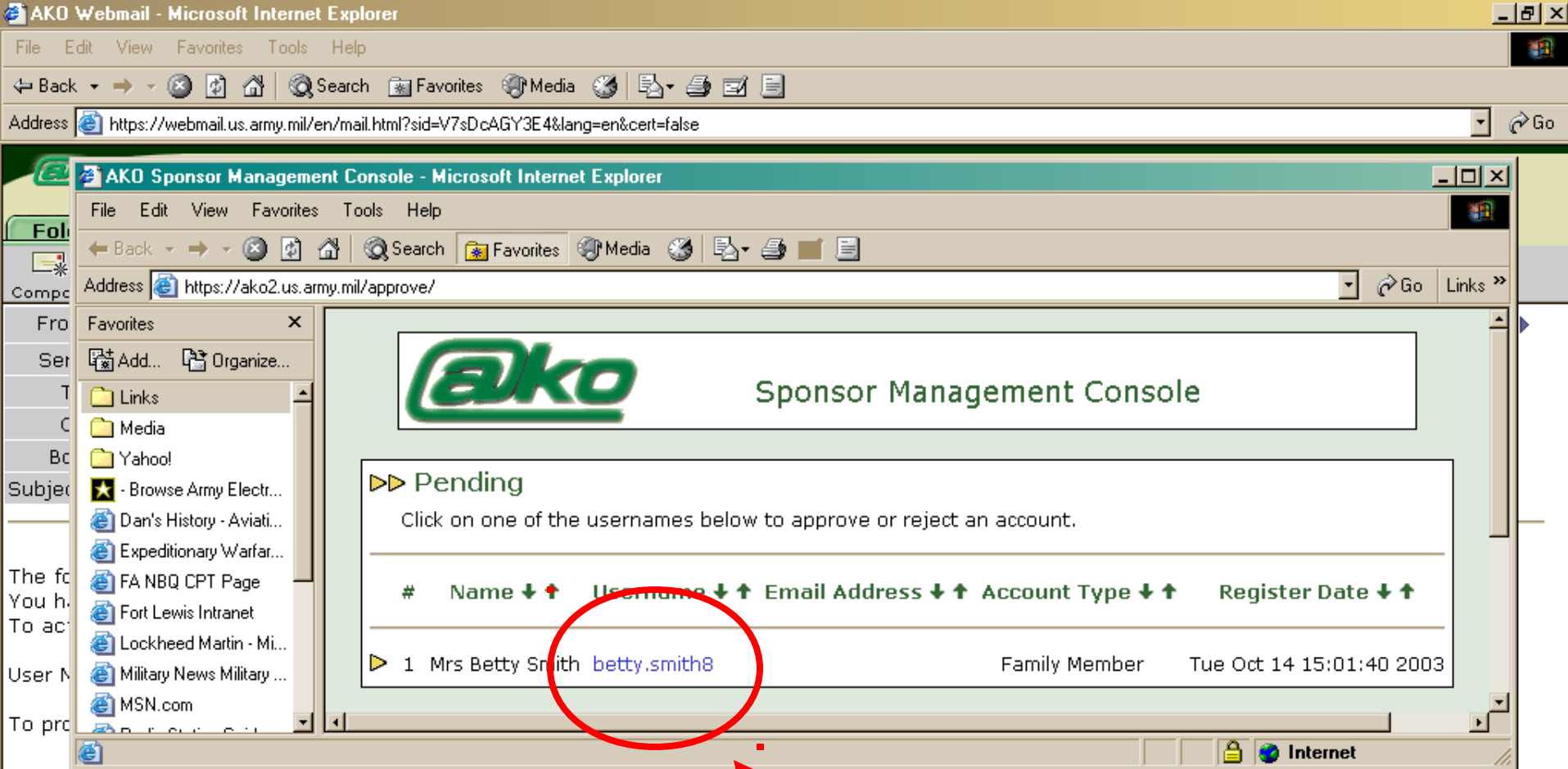
Subject The Army Portal Registration

The following person has submitted a guest account request to AKO.
You have been designated as the approving authority for this person.
To activate or reject this account you will need to process the approval form

User Name: betty.smith8

To process this form please go to <https://ako2.us.army.mil/approve/>

Click on this link



Click here

Microsoft PowerPoint - [Presentation3]

File Edit View Insert Format Tools Slide Show Window Help

33% Times New Roman 44 B I U

AKO Sponsor Management Console - Microsoft Internet Explorer



Sponsor Management Console

[Close](#)

Account Information

Name	Username	Email Address	Account Type	Register Date
Mrs Betty Smith	betty.smith8		Family Member	Tue Oct 14 15:01:40 2003

Select One:

☐ **No Action** This will leave the account unchanged in Pending status. You must either approve or reject this user within 30 days of the registration date or this user will be deleted.

☒ **Approve** This will activate the user's account and allow them to log into the Army Portal and collect their AKO Email.

☐ **Reject** This will reject the user's account and deny them access. Once this is done it cannot be undone with this system. If you reject a user by mistake, please call the AKO Helpdesk at 1-877-AKO-USER(1-877-256-8737).

Reason for Rejection:

Please fill out text area below if "Other" is chosen.

Click approve, submit form and account activated for 365 days

Draw AutoShapes Outline Default Design



Next Meeting Dates and

Topics

- 9 -10 March 04
 - ✓ Wills
 - ✓ Power of Attorney
 - ✓ Appointments
- May 04
 - ✓ Family Care Plans
 - ✓ FSG Lessons Learned OIF/OEF
- Aug 04
 - ✓ Finance (SGLI, other entitlements while deployed)
 - ✓ How to read a LES
 - ✓ Allotments
- Oct 04
 - ✓ Family Emergencies (AER, Red Cross, DEERS, TRICARE etc)
- Jan 05
 - ✓ Effects of Deployments on Children
- Feb/Mar 05
 - ✓ JRTC Deployment Brief – Commander/1SG Interviews



FRG Events and Activities

- 31 Jan 1600-1800
 - ✓ Bowling at Arctic Bowl.
 - ✓ Free Shoes and only \$2.00 per game
- Feb/Mar
 - ✓ Tubing at Birch Hill (T)
- Other Future Events
 - ✓ Free Ice Skating
 - ✓ Parents Day Out
 - ✓ Laser Tag
 - ✓ Battalion Hockey/Basketball Night Out